

# **General Information Packet**

19<sup>th</sup> Annual CyberPsychology, CyberTherapy & Social Networking Conference

> June 17 – June 19, 2014 Washington D.C., United States



# 1. <u>Introduction</u>

This year the Interactive Media Institute, in collaboration with the Virtual Reality Medical Institute, is organizing the International Association of CyberPsychology, Training, & Rehabilitation's (iACToR) 19th Annual CyberPsychology & CyberTherapy Conference (CYPSY19), scheduled for June 17<sup>th</sup> – June 19<sup>th</sup>, 2014 in Washington D.C., United States.

This package contains information to assist you with the planning of your visit. For your convenience the package is organized as follows:

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# 2. <u>Useful Information</u>

#### **Conference Co-organizers**

Brenda K. Wiederhold, Ph.D., MBA, BCB, BCN Virtual Reality Medical Institute Interactive Media Institute E-mail: b@vrphobia.eu

Michael Roy, Ph.D, MPH Division of Military Internal Medicine Uniformed Services University of the Health Sciences

# Coordinator

Chelsie Boyd Virtual Reality Medical Institute Interactive Media Institute E-mail: cybertherapy@vrphobia.com



# 3. <u>Meeting Site</u>

The 19<sup>th</sup> Annual CyberPsychology and CyberTherapy Conference will be held at:

# Conference (June 18-19)

Pryzbyla Conference Center Catholic University of America Washington, D.C.

# **Pre-Conference Workshops (June 17)**

Pryzbyla Conference Center Catholic University of America Washington, D.C.





# **Registration for Conference**

Registration should be completed online at interactive mediainstitute.com/cypsy19. Additionally, onsite registration will be available to those wishing to register on the day of the conference, but will only be accepted with proof of payment (no payment onsite). Below details the costs and associated prices:

**Registration Fees:** 

Registration Type	Early Registration (15 April 2014)	Late Registration (1 June 2014)	Onsite Registration
Professionals	\$475	\$595	\$700
Students	\$250	\$325	\$400
Exhibitors	\$1200	\$1200	\$1200

#### Workshops Selections:

Registration Type	One 3-Hour Session	Two 3-Hour Sessions	
Conference Attendee	\$40	\$60	
Workshops Only	\$70	\$110	
Master Clinician Full Day Training Course (Different location: <i>George Mason University</i> )	\$140	\$195	

# 4. Hotels and Accommodation

Below is a list of hotels near the conference site. Please note there is currently no "conference hotel". More hotels and hostels may be found at hotels.com, www.hostelworld.com, www.hostels.com or similar sites.

#### Affordable Lodging Available on Conference Site

The Catholic University of America offers affordable onsite accommodation. If you would like to book a room, please first visit their website, <u>www.conferences.cua.edu/housing/rates.cfm</u> Please e-mail <u>editorial@vrphobia.eu</u> by May 15 with the details of your requested accommodation (name, dates requested, housing type, single or double and gender) to book your room. An invoice will then be sent with

single or double and gender) to book your room. An invoice will then be sent with payment instructions which also must be paid by May 15.



Hotel	Contact Details	Average Room Rate	Distance from Conference
The Normandy Hotel	2118 Wyoming Ave NW, Washington, DC, 20008 <u>http://www.thenormandydc.com/</u>	\$210	18 minutes by metro
Washington Plaza Hotel	10 Thomas Circle NW, Downtown DC, Washington, DC, 20005 http://www.washingtonplazahotel.com/	\$250	15 minutes by metro
Hotel Harrington	436 11 <sup>th</sup> St. NW, Downtown DC, Washington, D.C., 20004 <u>http://www.hotel-harrington.com/</u>	\$175	9 minutes by metro
The Quincy	1823 L Street NW, Washington, DC 20036 http://www.thequincy.com/	\$210	11 minutes my metro
Days Inn Washington D.C.	4400 Connecticut Avenue NW, Washington, DC 20008 <u>http://www.booking.com/hotel/us/days-</u> <u>inn-connecticut-avenue.en-gb.html</u>	\$185	19 minutes by metro
Windsor Park Hotel	2116 Kalorama Road NW, Washington, DC 20008 http://www.windsorparkhotel.com/	\$160	20 minutes by metro
Comfort Inn & Suites New York Avenue	1600 New York Avenue NE, Washington, DC 20002 http://www.comfortinn.com/hotel- washington-district_of_columbia- DC012	\$140	34 minutes by bus

# Hostels

Hostel	Contact Details	Average Room Rate	Distance from Conference
Duo Housing	1223 11 <sup>th</sup> St. NW, Washington D.C., 20001 http://www.duohousing.com/locations/washington-dc/	\$35	16 minutes by metro
Washington International Student Center	2451 18 <sup>th</sup> St. NW, Washington D.C., 20009 http://www.dchostel.com/	\$30	12 minutes by metro
Hostelling International	1009 11 <sup>th</sup> St. NW, Washington D.C., 20001 <u>http://www.hostelworld.com/hosteldetails.php/Hostelling-</u> International-Washington-DC/Washington-DC/1859		14 minutes by metro



# 5. <u>Travel Information</u>

# **Catholic University of America**

For Pre-conference Workshops (June 17<sup>th</sup>) and Scientific Program (June 18<sup>th</sup>-19<sup>th</sup>) Please note the Clinician Training is at a separate site (see below)

#### **Conference**

Pryzbyla Conference Center Campus of Catholic University of America 620, Michigan Avenue NE 20064 Washington D.C.

# Once at 620, Michigan Avenue NE:

Head northeast on Michigan Ave NE toward Monroe St. NE. Turn left: the Pryzbyla Conference Center is in front of you.

# **BY PLANE**

Reagan National is the closest airport to the CUA

### **Reagan National (DCA):**

*Metro*: Yellow line to the Gallery Place/Chinatown station, transfer to red line (direction of Glenmont) to the Brookland-CUA metro stop. Price: \$2.70 (off-peak fare) or \$3.45 (peak). Estimated time: 30 minutes. *Taxi*: around \$30. Estimated time: 20 minutes.

# **Baltimore/Washington International (BWI):**

*Train*: on weekdays, take the Marc train to Washington's Union Station. From there, board Metro's red line (direction of Glenmont) to the Brookland-CUA stop. Price: \$7 + \$1.70 (off-peak) or \$2.10 (peak). Estimated time: 1 hour 30.

On weekends, take Amtrak to Union Station. From there, board Metro's red line (direction of Glenmont) to the Brookland-CUA stop. Price: between \$11 and \$67 (please check <u>www.amtrak.com</u>) + \$1.70 (off-peak) or \$2.10 (peak). Estimated time: 1 hour 30.

*Super Shuttle*: take it from the terminal to the University campus. Shared ride: \$37 for the first passenger, \$12 for each additional passenger. Exclusive: \$125. Estimated time: 45 minutes.

*Taxi*: between \$80 and \$95. Estimated time: 50 minutes.

# **Dulles International (IAD):**

*Washington Flyer Coach*: leaving every 30 minutes, the coaches arrive at West Falls Church Metro Station. Take the metro red line to the Brookland-CUA station. Price: \$10 + \$3.50 (off-peak fare) or \$4.80 (peak). Estimated time: 70 minutes. *Super Shuttle*: take it from the terminal to the University. Estimated time: 1 hour. *Taxi*: around \$80. Estimated time: 50 minutes.



### **BY METRO:**

From Amtrak at Union Station: Take a red line train (direction of Glenmont) three stops to the Brookland-CUA Station. Exit to the left when leaving the station. Price: \$1.70 (off-peak) or \$2.10 (peak). Time: 5 minutes.

### **BY TAXI:**

Taxis are available outside the main entrance to Union Station.

Please note the following information was found here: <u>http://www.cua.edu/about-cua/directions.cfm</u>

# **Traveling to/from Washington D.C. (the City)**

#### **BY PLANE**

You have 3 possibilities: Ronald Reagan National Airport (IATA code: DCA), Baltimore/Washington International Thurgood Marshall Airport (BWI) and Washington Dulles International Airport (IAD). Most international flights arrive at one of the two latter airports.

# **BY METRO**

Metrorail has five different metro lines. Please note that fares are more expensive at peak hours (from opening to 9.30 am and from 3 pm to 7 pm on weekdays; from midnight to closing on weekends).

The nearest station from Catholic University of America is Brookland-CUA station (red line).

A map is available at <u>http://www.wmata.com/rail/maps/map.cfm</u>.

Phone number: 202-637-7000

# BY BUS

You can also travel by bus (Metrobus) through the city.

Maps are available at http://www.wmata.com/bus/maps/.

Fares:

- \$1.60 using a SmarTrip card
- \$1.80 using cash
- 80¢ (using Senior SmarTrip card) and 90¢ (using cash, with proper ID) for seniors and people with disabilities.

Airport Express Buses: \$6 (\$3 for seniors and people with disabilities):

- Metrobus 5A to Dulles International
- Metrobus B30 to Baltimore Washington International



Phone number: 202-637-7000

# Local Taxis

Yellow Cab Company of DC: 202-546-7900 Diamond Cab: 202-387-2221 Maine Cab Co of DC: 202-234-7775 Taxi Transportation Service: 202-398-0500

Note that all taxis normally accept credit cards.

#### 6. <u>Meals and Refreshments</u>

#### Refreshments

Coffee and other refreshments will be available during the morning and afternoon coffee breaks, free of charge.

#### Lunch

All lunches will be on your own.

# 7. Social Events and Dinners

#### **Gala Dinner**

Date: June 19<sup>th</sup> Venue: TBA Cost: \$60

Please register online for the gala dinner.



# 8. <u>City and Country Information</u>

# Washington, D.C.

Situated in the District of Columbia, between Maryland and Virginia, Washington, D.C. does not belong to any of the 50 States. Not only is it the United States' capital, seat of the federal government and home to more than 175 embassies, it is also a bicentennial city proud of its history, overflowing with cultural and architectural landmarks. Should you want to understand why Washington, D.C. is considered a cultural center, the numerous historic landmarks and museums will quickly convince you of the legitimacy of such a statement. A trip to D.C. wouldn't be complete without visiting the White House, the Capitol and the National Mall, but do not forget the incredible Smithsonian Institution and its amazing cultural wealth, with nineteen museums and nine research



centers. After a busy day, the lively streets, bars and restaurants of Adams Morgan or Dupont Circle will welcome you in their warm atmosphere. Maybe you will bond with Washingtonians; then be aware that more than anywhere else in the U.S., they wouldn't mind a little political discussion, often passionate and stimulating.



For more information on Washington, DC visit www.washington.org or www.visitingwashingtondc.com.



### **The United States**

How could we present the United States without repeating what everyone knows? The world economic leader has been spreading over the world for over a century with cutting-edge innovation: who doesn't possess anything that originated from the U.S.? Well, this country is clearly more than just that. Diversity is the magic word; from New York to California, from Texas to Alaska, the U.S. is so extensive you cannot ever pretend you really know it, its resources, its contradictions, its wonders, its landscapes and its people. Land of immigration and freedom, the United States can become everyone's home and is, more than anything, a world combination resulting in a unique country.

English is the most spoken and the official language of 30 States. Other states allow the use of different languages together with English, like Louisiana with French, or New Mexico with Spanish. The latter is also the second language in the U.S., with around 12% of the population speaking it –mostly immigrants from Mexico and Latin America.

The U.S. is also a huge producer of culture, be it movies, television series, music or literature. Moreover, the West coast is a buzzing place for new businesses, particularly in IT, and the east coast, historically leading the industry, remains in the frontline. Home to many international institutions (e.g. World Bank, IMF, UN, Unicef, etc.), the U.S. is a worldwide hub.

For more information on the United States visit <u>http://www.discoveramerica.com/</u>.

# 9. <u>Currency</u>

The unit of U.S. currency is the U.S. dollar (\$). One  $\in$  is equivalent to about \$1.37 as of March 2014.

#### **Credit Cards**

All major cards are usually accepted (Visa, MasterCard, American Express, Diners Club and Eurocard) as well as Traveler's Checks. ATM machines are available in all major cities.

# 10. <u>Miscellaneous</u>

#### Weather

Washington, D.C. is quite hot in the summer and cold in the winter. The average temperature for June is around 75°F (24°C). Washington can get a reasonable amount of rain at this time of year so a light raincoat and/or umbrella may be necessary.

Time



Washington is in the Eastern Standard Time, five hours behind Greenwich Mean Time and three hours ahead of Pacific Standard Time.

#### Language

English is *de facto* Washington, D.C.'s official language.

#### **Meeting Attire**

**Business Casual** 

#### Electricity

A.C. 110 volts - 60 cycles. Plugs are of the flat 2-pin type.

#### **Passport and Visa**

Canadian citizens need a valid passport. A visa is not required for stays up to 6 months.

Citizens from Andorra, Australia, Austria, Belgium, Denmark, Finland, France, Germany, Iceland, Ireland, Italy, Japan, Lichtenstein, Luxembourg, Monaco, Netherlands, New Zealand, Norway, Portugal, Spain, San Marino, Singapore, Slovakia, Slovenia, Sweden, Switzerland, Taiwan and United Kingdom need a valid passport. A visa is not required for stays less than 90 days.

Other nationalities should check with the United States Embassy or nearest Consulate Office for visa requirements.

#### Telephone

The international dialing code for the United States is +1.

#### **Tipping and VAT**

While tipping is NOT mandatory in most of the United States, it is expected in many circumstances for service, especially at almost all sit-down restaurants which offer table service.

For waiters at sit-down restaurants, bartenders, barbers/hairdressers/attendants at beauty salons, taxi drivers, tour guides, and food delivery folks, the tip should be calculated as a percentage of your total bill as follows: 10% usually means you aren't totally happy, 15% usually means all was acceptable, 20% for excellent, over 20% for outstanding. 15-20 percent is considered standard in most communities.



For more information about tipping, please visit <u>http://www.tripadvisor.co.uk/Travel-g191-s606/United-States:Tipping.And.Etiquette.html</u>

VAT/Sales tax is usually not included in the displayed price.