General Information Packet

18th Annual
CyberPsychology and CyberTherapy Conference

June 30 – July 2, 2013
Brussels, Belgium

1. Introduction

This year the Interactive Media Institute, in collaboration with the Virtual Reality Medical Institute, is organizing the International Association of CyberPsychology, Training, & Rehabilitation's (iACToR) 18th Annual CyberPsychology & CyberTherapy Conference (CYBER17), scheduled for June 30th – July 2nd, 2012 in Brussels, Belgium.

This package contains information to assist you with the planning of your visit. For your convenience the package is organized as follows:

1. Introduction
2. Useful Information
3. Meeting Site
4. Accommodation and Travel Information
5. Meals and Refreshments
6. Social Activities
7. City and County Information
8. Currency
9. Miscellaneous

2. Useful Information

Conference Organizers
Prof. Brenda K. Wiederhold, Ph.D., MBA, BCIA
Virtual Reality Medical Institute
Interactive Media Institute
E-mail: b@vrphobia.eu

Coordinator
Ms. Chelsie Boyd
Virtual Reality Medical Institute
E-mail: cybertherapy@vrphobia.com

3. Meeting Site

The 18th Annual CyberPsychology and CyberTherapy Conference will be held at:

Preconference
Building Harvey
Avenue Hippocrate, 55

Conference
Building Auditoires Centraux
Avenue Emmanuel Mounier, 51
1200 Woluwe-Saint-Lambert, Brussels

Registration for Conference

Registration was completed online at interactivemediainstitute.com/CYBER18. Additionally, onsite registration will be available to those wishing to register on the day of the conference. Below details the costs and associated prices:

Registration Fees:

Registration Type	Early Registration	Late Registration	Onsite Registration
Professionals	€475	€575	€675
Students	€275	€350	€450
Exhibitors	€1200	€1200	€1200

3. Hotels and Accommodation

Below is a list of hotels near the conference site. Please note there is currently no "conference hotel". More hotels may be found at hotels.com or similar sites.

Hotel	Contact Details	Average Room Rate	Distance from Conference
Hotel Evergreen	Avenue Du V-Day 1-3, Brussels, 1140http://www.hotels.com/ho398493/hotel-evergreen-brussels-belgium/	70€	15 minutes by bus
Hotel Lambeaul	Avenue Lambeau 150, Brussels, 1200http://www.hotellambeau.com/	112€	20 minutes by metro
Eurostars Montgomery	Avenue De Tervueren 134, Square Montgomery, Brussels, 1150http://www.eurostarshotels.co.uk/eurostars-montgomery-hotel.html	190€	10 minutes by metro
Aspria Royal La Rasante	Rue Sombre 56, Brussels, 01200http://www.royallarasante.be/en	160€	15 minutes my metro
Aris Grand Place Hotel Brussels	Rue du Marché aux Herbes 78-80, Brussels, 1000http://www.arishotel.be/	80€	20 minutes by metro
Novotel Brussels off Grand'Place	120 Rue Du Marche Aux Herbes, Brussels, 1000http://www.novotel.com/gb/hotel-1030-novotel-brussels-off-grand-place/index.shtml	132€	20 minutes by metro
Rocco Forte Hotel Amigo	Rue de L'Amigo 1-3, Brussels, 1000http://www.hotelamigo.com/?source=1033	200€	23 minutes by metro

Hostels

Hostel	Contact Details	Average Room Rate	Distance from Conference
Hotel Botanique	Rue Traversiere 32, Brussels, 1210http://www.hotels.com/ho320276/hotel-botanique-brussels-belgium/	45€	27 minutes by public transport
Hotel Lemmonier	Boulevard Maurice Lemonnier 137-141, Brussels http://tinyurl.com/cv5h7lw	55€	20 minutes by metro

4. Traveling to/from the UCL Bruxelles campus

Please note the following information was found here:
http://www.uclouvain.be/en-acces-bxl.html

Preconference
Building Harvey
Avenue Hippocrate, 55

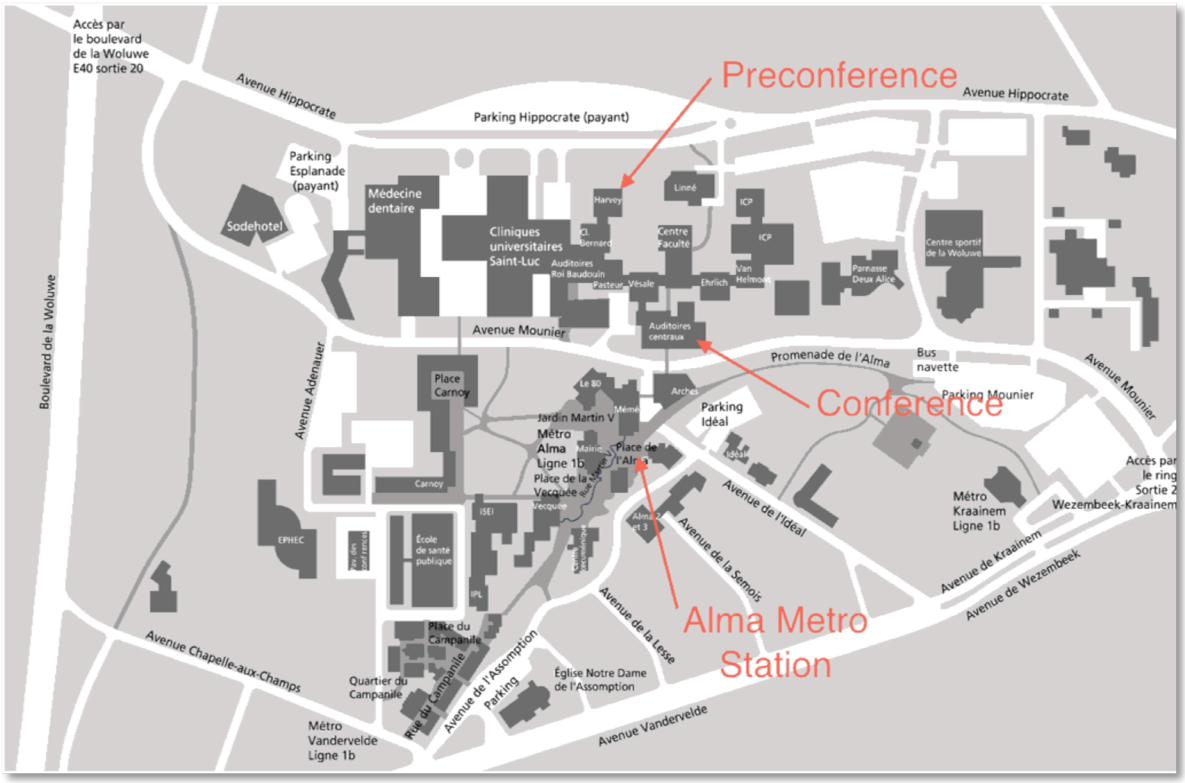
Conference
Building Auditoires Centraux
Avenue Emmanuel Mounier, 51
1200 Woluwe-Saint-Lambert, Bruxelles

BY TRAIN

The two main railway stations providing easy links to UCL campus are:
Gare Centrale (Centraal Station): metro line 1 to Alma station (direction Stockel)
Gare du Midi (Zuidstation): metro line 2 or 6 to Arts-Loi station (direction Simonis), change to metro line 1 to Alma station (direction Stockel)

BY PLANE

Airport Brussels Zaventem
Taxi: approximately €45
Train: every 20 minutes to Gare Centrale (20-minute journey), then metro line 1 to Alma (direction Stockel)



BY METRO:

Take the metro line 1 direction ' Stockel '. Get off at ' Alma ' station and take the exit marked ' Avenue de Beaulieu '. When you have exited the metro, turn left and cross the road at the traffic lights, heading downhill. All the buildings are on the left hand side, starting with no. 33 (see map above for conference location).

Traveling to/from Brussels, Belgium (the City)

BY PLANE

Brussels Airport (BRU)

Brussels' main airport is Brussels Airport, (locally still commonly referred to as Brussels National or Zaventem) (IATA code: BRU). Several major carriers operate out of the airport, including the local Brussels Airlines.

A train (€5.20) runs every 15 min from the airport (Level -1) to Brussels three main stations taking 15-25 minutes with most trains continuing to other parts of Belgium.

BY BUS

STIB buses
> Lines
- 42 : stop "avenue Hippocrate"
- 79 : 5 stops "avenue Mounier"
- 76 et 77 : stop "station de métro Crainhem"

(note: map of transport network can be found at http://www.stib.be/netplan-plan-reseau.html?l=en)

Single journey €2.00

Frequent travelers can buy a 10-trip ticket (€13.50), a monthly ticket (€49.00) or a yearly ticket (€514.00) for this line. The latter is valid on the entire STIB network.

(Tickets valid on bus, tram, metro for the total of 60 minutes once first validated)

De Lijn
www.delijn.be
- 315, 316, 317 et 352 : stop "station de métro Crainhem".

A **taxi** to the centre costs around €35. Taxis bleus/blauw (blue): +32 (0)2 268 0000, Taxis Autolux: +32 (0)2 411 4142, Taxis verts/groen (green): +32 (0)2 349 4949. Beware of "waiting" charges if your flight is delayed and you pre-ordered a cab, some companies charge you parking fees + €25-30/h for waiting. Always confirm the final charge with your driver before getting in the car.

Brussels South Charleroi Airport (CRL)

Several budget airlines, including Ryanair and Wizzair fly to Brussels South Charleroi Airport (IATA code CRL), connecting to cities such as Barcelona, Belgrade, Budapest,

Dublin, Edinburgh, Manchester, Rome and Warsaw. This airport is south of Brussels and an one hour drive away from Brussels Midi/Zuid Station at the city centre.

A shuttle bus (€13 one way, €22 return) runs every 30 minutes to Brussels Midi/Zuid station. It is advisable to purchase your ticket online before you arrive. You will be asked to pick specific times, but they are flexible with allowing you to change the time if your flight arrives earlier or later. To purchase your ticket after arrival, the kiosk is outside the airport and to the right. There is a big arrow on the ground that directs you to the kiosk. The buses wait in the same area, but are poorly labeled so check with the driver before loading your bags.

The bus stops at Midi/Zuid station, on the Rue de France/Frankrijkstraat in the west. The metro and international trains (Eurostar, Thalys) are on the west side of the station, so upon entering the station from the bus stop, head left rather than straight.

To go by **train**, take *TEC Bus A* (€3.00 one way) direct from the airport to the Charleroi train station. A combined train+bus ticket to or from Brussels can be obtained for €12 at the train station or from the TEC vending machine at the airport.

You can also get a **taxi** from the airport to the city centre, but this will cost a fixed price of €90.

BY TRAIN

Brussels has three main train stations: **Midi-Zuid**, to the south of the city core, **Central-Centraal**, which is right next to the city centre, and **Nord-Noord**, to the north of the city centre (at *Place Rogier*). High-speed trains stop only at *Midi/Zuid*, except the ICE also stops at *Nord/Noord*.

- Thalys. The high speed Thalys train connects Brussels with Cologne (1h52), Paris (1h20) and Amsterdam (2h00). It is much cheaper to book further in advance. With your Thalys ticket you can also take a local train to or from *Central-Centraal*, *Nord-Noord*, *Schuman* and *Luxembourg/Luxemburg* stations.
- Intercity from the Netherlands. An hourly Intercity train from Amsterdam (2h28, via Schiphol Airport, The Hague, Rotterdam, Antwerp), connects to *Brussels Midi/Zuid* and *Brussels Central*. You don't need a reservation. A weekend return ticket costs €43.20.
- Intercity from Luxembourg/Luxemburg. An hourly Intercity train from Luxembourg (3h07, via Arlon, Libramont, Namur) connects to *Midi/Zuid*, *Central*, *Nord/Noord*, *Schuman* and *Luxembourg/Luxemburg* stations. You don't need a reservation. A weekend return ticket costs €41.60.
- Eurostar, ☎ +32 2 528 28 28, [16]. The Eurostar train line links Lille Europe (0h39, €22+), Ashford (1h38, €40+) and London St. Pancras (1h51, €40+) with *Midi/Zuid*. Some Eurostar tickets are also valid for internal train travel

within Belgium for 24h from the time of the Eurostar ticket), so once in Belgium travel is free for the day. Check in the bottom left hand corner of your ticket and confirm this before you get on the train. A €7 service fee will be added for both telephone and in-person bookings (doesn't apply when booking over the internet).

- TGV. Connects Lyon, Marseille, Avignon, Bordeaux, Montpellier, Nice and many other French destinations to *Midi/Zuid*.
- NMBS/SNCB, ☎ +32 (0)2 528 2828, [19]. The Belgian train service.
- ICE. German ICE connects four times a day to Cologne and Frankfurt (€39 one way, "Europa Spezial Belgien" offer starting from €29). http://wikitravel.org/en/Brussels - ICE.

By Bus

- Eurolines, ☎ +32 (0)2 274 1350 (*UK +44 (0)8 705 143 219*, fax: +32 (0)2 201 1140), [20]. Offers bus travel from many countries to Brussels, for example 8 hours from London Victoria station at € 39. In Brussels, they stop outside the Gare du Nord-Noordstation and Gare du Midi-Zuidstation train stations.
- De Lijn, ☎ +32 (0)70 220 200 (0,30€/min), [21]. The Flemish region (Dutch speaking) public bus service.
- TEC, ☎ +32 (0)10 23 5353, [22]. The Walloon region (French speaking) public bus company.

5. Meals and Refreshments

Refreshments

Coffee and other refreshments will be available during the morning and afternoon coffee breaks, free of charge.

Lunch

All lunches will be on your own

6. Social Events and Dinners

Gala Dinner

July 2nd, 19:30
Restaurant Medicis
124, Avenue del'Escrime,
1150 Brussels

Cost €60 per head

Restaurant Medicis follows the local markets and seasons to create fresh, quality menu dictated by the calendar. Located in a beautiful 1920 cottage, hidden in one of Brussels prettiest neighborhoods and is very close to Place Dumon in Stockel (Woluwe Saint Pierre).

Transport:

- Metro Line 1 from Gare Centrale (centre) towards Stockel, end terminus Stockel, 5min walk from there.
- Metro Line 1 from Alma (UCL campus, conference location) 2 stops to Stockel.
- Tram 39 route from Montgomery Metro Station to Ban Eik, stop Escrime (20 meter from restaurant).

7. City and Country Information

Brussels

From its breathtaking medieval centre to its 21st-century temple to Surrealism, the new Magritte Museum, Brussels offers the visitor a great deal more than just beer and chocolate. Brussels's compact city centre is clustered with bars, restaurants and museums set along cobbled streets which open suddenly into the Grand-Place. With its ornate guild houses, impressive Town Hall and buzzing atmosphere, it would be difficult to find a more beautiful square in the whole of Europe. Léopold II's Parisian-style boulevards (Belliard and La Loi) are lined with embassies, banks and grand apartment buildings, while Sainte Cathérine, the Art Nouveau district of St-Gilles and Ixelles draw an arty crowd with their cool shops and restaurants.

The Bruxellois take pride in their self-effacing, intellectual sense of humour, underpinned by a strong appreciation of the bizarre. The city has a long-running love affair with the Surrealist art movement, pioneered by René Magritte, and with classic comic strips, epitomised by Hergé's boy hero, Tintin. There's a telling irony in the fact that the city's best-known landmark is the Manneken-Pis, a tiny statuette of a urinating boy.

For more information on Brussels visit www.visitbrussels.be

Belgium

Belgium is Europe in a nutshell, multicultural and multilingual. Flanders in the north, a flatland criss-crossed by canals, is proud of its great art cities, Antwerp, Bruges and Ghent. To the south in Wallonia, you will find the rolling hills of the Ardennes, numerous castles, and the cities of Liege, Namur, and Tournai.

The Flemish speak Dutch and the Walloons speak French. In Brussels, the capital, both languages are spoken. However, English is widely spoken. Belgium's history

has always been linked to both commercial and cultural exchange, and much of its character is due to its role as the great meeting place of Western Europe. Traces of the Austrians, Spanish, French and Dutch can still be seen in its architecture and in the lifestyle of its people. Today, its capital city of Brussels is one of the world's great cosmopolitan cities, home to both the European Union and NATO, as well as a wealth of international trade and finance companies.

For more information on Belgium visit http://www.visitbelgium.com/

8. Currency

The unit of Belgian currency is the euro (€).
One US dollar is equivalent to about 0.76 as of June 2013.

Currency Exchange

Many foreign exchange offices open on Sundays. There are numerous foreign exchange offices around the Grand Place in Brussels.

Credit Cards

All major cards are usually accepted (Visa, MasterCard, American Express, Diners Club and Eurocard) as well as Traveler's Checks. ATM machines are available in all major cities.

9. Miscellaneous

Weather

Belgium is seldom too hot or too cold. The average temperature for July is around 65 F (18 C). Belgium can get a reasonable amount of rain at this time of year so a raincoat and/or umbrella may be necessary.

Time

Belgium is six hours ahead of Eastern Standard Time, nine hours ahead of Pacific Standard time and 1 hour ahead of Greenwich Mean Time.

Language

There are three officially recognized languages: French and Dutch are the main languages; German is spoken by a small segment of the population. Brussels is largely a French-speaking city however English is widely spoken.

Meeting Attire

Smart Casual

Electricity

A.C. 220 volts - 50 cycles. Plugs are of the round 2-pin type.

Passport and Visa

US and Canadian citizens need a valid passport. A visa is not required for stays of less than 90 days. Other nationalities should check with the Belgian Embassy or nearest Consulate Office for visa requirements.

Schengen visa requirements and application forms are available on http://www.diplobel.us/.

Application can be mail to the Consulate Office of your jurisdiction, provided that the signature on the application form is notarized and that a prepaid self-addressed envelope is enclosed. Processing generally takes 3 to 5 days.

Telephone

The international dialing code for Belgium is +32.

Tipping and VAT

Service charges and VAT are always included in prices. If exceptional service is given, tip at your discretion.

Shopping

Store hours: Typically shops are open Monday - Saturday, 9:00am - 6:00pm. Stores are closed on Sundays except in Brussels at the Gallerie St Hubert and gift shops near the Grand Place.